

INVISALIGN TREATMENT GUIDELINES

The Invisalign straightening process does not impact your lifestyle! Since the aligners are comfortable, you should wear them for the recommended 22 hours a day without much effort.

- The aligners are easily removable, so you can continue to brush and floss your teeth as you normally would. Simply remove the aligners, brush & floss your teeth and put them back in.
- Clean your aligners by simply brushing and rinsing them in lukewarm or cold water.
- Remove the aligners each time you eat.
- Your bedtime routine can continue as before, with the simple addition of cleaning your aligners.

Please give us a call if you have any questions or send us an email at:

frontdesk@dentallavelle.com