

POST-OPERATIVE INSTRUCTIONS FOR Temporary Crowns, Inlays, Onlays or Veneers

Temporary restorations require special care so that they can aid in the healing process and remain secure until placement of the final, definitive restorations.

- Brush and floss twice daily, and after sugary snacks and drinks. When flossing, remember not to snap it outwards. Pull it out from the side. This will minimize the temporaries from dislodging off of the tooth.
- Do not eat anything sticky or hard on these teeth as this may break or dislodge the temporaries.
- Some mild sensitivity to temperature may occur.
- If the temporaries become lose or dislodged, contact the clinic immediately. For the time being, you can dry the temporary, apply some 'Vaseline' on the inside of the crown and place it back onto the tooth (if you are aware of its direction of insertion on the tooth).
- Depending on how deep your decay or tooth preparation was, your gums may be sore or tender for a couple of days. If this persists beyond 4-5 days, give us a call.
- The new temporary may give your tooth a new shape and feel different from before. However, if you feel the temporary is too high, ie causes pain while biting down, then contact the clinic. It will require an adjustment, that will not take long.

FOLLOWING MOST PROCEDURES, THERE WILL BE MILD DISCOMFORT, DEPENDING ON YOUR THRESHOLD FOR PAIN. IN MOST CASES, A PAIN REGIMEN CONSISTING OF PARACETAMOL (325mg every 4-6 hours) OR IBUPROFEN (200mg every 4-6 hours) WILL SUFFICE. HOWEVER, IF NEEDED, THESE TWO MEDICATIONS TAKEN TOGETHER WILL BE MORE EFFECTIVE.

Please give us a call if you have any questions or send us an email at:

frontdesk@dentallavelle.com